

Hojo kicks off!



Getting up close and personal with Brett

Arcelor Mittal Newcastle Works' Team participated in a unique training of a Japanese Martial Art called Hojo last Friday. The training formed part of a workshop incorporating motivational principles and personal power development hosted by Brett Shuttleworth a motivational entertainment guru.

Traditionally, martial arts are objects and vehicles of meditation. This particular form originated in the middle ages in Japan, involving the

art of sword fighting which was developed by monks in defense of their monasteries.

It challenges practitioners to utilize their inner strength and to free their own potential. "We are committed to a high level of professionalism and investing in developing our staff's potential," said Venash Singh of Arcelor Mittal.

The training session was both challenging and entertaining as participants stepped into a new realm of discovery and were put through techniques of Hojo.

Brett also runs talks and workshops for women. He has discovered that without professional time invested on building your inner million - you will be left with short-term gratification versus long-term satisfaction. "When you are able to unlock the potential in your people you are tapping into an almost unlimited power, which will without a doubt, expedite the growth of your business. There is no wiser place in which you can invest, make the people in your business, your business," Brett concluded.